**United States Marine Corps**

hEADQUARTERS battalion

MARINE CORPS BASE

2006 Hawkins avenue

Quantico, Virginia 22134

IN REPLY REFER TO

6100

B-07-3

From: Commanding Officer, UNIT

To: Gunnery Sergeant Actual M. Motivator, 1234567890/0300 USMC

Subj: BIOELECTRICAL IMPEDANCE ANALYSIS (BIA) DEVICE TRAINING CERTIFICATION

Ref: (a) MCO 6100.13 CH-4

(b) MCO 6110.3A CH-3

(c) MCBUL 6110.3A

(d) MARADMIN 423/22

1. Effective this date, I certify that \_(Rank Last, First M.I.)\_\_ has completed all training in accordance with the above references have completed familiarization training of all BIA materials located at <https://www.fitness.marines.mil/Body-Composition/BIA> on \_\_\_(Date)\_\_\_. You have completed the required training and are certified to properly utilize the InBody Bioelectrical Impedance Analysis (BIA) device to for Marines being processed for the Body Composition Program (BCP) and/or Administrative Separation for possible failure of the program in accordance with the above references and below checklist.

2. You shall give the Marine being analyzed a copy of the results as well as maintain a copy within the Marine’s BCP package. This must be completed prior to being formally assigned to BCP or prior to being processed for Administrative Separation for possible failure of the program.

\_\_\_ a. InBody online Training

\_\_\_ b. InBody Instructional Video

\_\_\_ c. Local training conducted by the Operations/Training Chief

A. B. Officer

By direction

RECEIVING ENORSEMENT

From: Gunnery Sergeant Actual M. Wilton, 1234567890/0300 USMC

To: Commanding Officer, UNIT

Subj: BIOELECTRICAL IMPEDANCE ANALYSIS (BIA) DEVICE TRAINING CERTIFICATION

1. I have read and understand the contents of the reference. I will maintain currency on all Marine Corps and battalion policy memorandums and orders pertaining to the BIA utilization and BCP procedures.

A. M. MOTIVATOR